

Publications Prof. Dr. Karen Zentgraf

(as at July 2024)

(peer-reviewed manuscripts and peer-reviewed book chapters only; h-index 26; on July 15, 2024: 2841 citations)

Reichert, L., Hacker, S., Krüger, K., Mutz, M., & **Zentgraf, K.** (accepted). How much can genotype predict phenotypical power performance in elite male and female athletes? *Journal of Human Kinetics*.

Fleddermann, M.-T. & **Zentgraf, K.** (accepted). Biologische Grundlagen motorischer Entwicklung über die Lebensspanne. In C. Niessner, A. Conzelmann und K. Bös (Hrsg.), *Handbuch motorische Entwicklung*, X-X, Hoffmann: Schorndorf.

Wellm, D., Jäger, J., & **Zentgraf, K.** (accepted). Dismissing the idea that Basketball is a "contactless" sport: Quantifying contacts during professional gameplay. *Frontiers in Sports and Active Living - Elite Sports and Performance Enhancement*.

Niederdraeing, L. & **Zentgraf, K.** (under revision). Force-velocity profiling at different maturational stages in young Soccer players: A cross-sectional study.

Cermak, N., Wittenbrink, P., Rosenkötter, M., & **Zentgraf, K.** (under revision). Predictors for national junior squad selection in the German Volleyball Federation.

Kneissler, E. & **Zentgraf, K.** (under revision). Prevalence of urinary incontinence in female gymnasts: A systematic review.

Prosch, Y., Reichert, L., Fleddermann, M.-T., & **Zentgraf, K.** (under revision). Jump performance in trampoline athletes and how to measure it: Developing a repeated-jump-test.

Blessing, J., Hilpisch, C., Krüger, K., Raab, M., Wiese, L., **Zentgraf, K.**, & Mutz, M. (under review). Too much effort, too little reward? Dropout considerations of German elite athletes.

Wiedenbrüg, K., Will, L., Reichert, L., Hacker, S., Lenz, C., **Zentgraf, K.**, Raab, M., & Krüger, K. (under review). Inflammation and cognitive performance in elite athletes: A cross-sectional study.

Schmitz, T., Fleddermann, M.-T., & **Zentgraf, K.** (under review). Talent selection in 3x3 Basketball: Role of anthropometrics, maturation, and motor performance.

2024

Brinkbäumer, M., Kupper, C., Reichert, L., & **Zentgraf, K.** (2024). Dual-task costs in speed tasks in elite Ice Hockey athletes. *Frontiers in Psychology - Movement Science*, 15, 1357312.
doi: 10.3389/fpsyg.2024.1357312.

Roffler, A., Fleddermann, M.-T., de Haan, H., Krüger, K., & **Zentgraf, K.** (2024, online first). Menstrual cycle tracking in professional Volleyball athletes. *Frontiers in Sports and Active Living - Women in Sport*, 6, 1408711.

doi: 10.3389/fspor.2024.1408711.

Hilpisch, C., Krüger, K., Raab, M., Wiese, L., **Zentgraf, K.**, & Mutz, M. (2024, online first). Burnout symptoms in elite athletes: Assessing the role of effort-reward imbalance, support and emotions. *International Review for the Sociology of Sport*, 0, 0. doi: 10.1177/10126902241248767.

2023

Nolte, S., Krüger, K., Lenz, C., & **Zentgraf, K.** (2023). Optimizing the gut microbiome for individualized performance enhancement in elite athletes. *Biology*, 12, 1491. doi: 10.3390/biology12121491.

Sauer, K., Kunstmann, T., Wieland, B., & **Zentgraf, K.** (2023). Richtungswechsel im Volleyball: It's all about speed? *Leistungssport*, 53, 6, 20-23.

Zentgraf, K. & Raab, M. (2023). Excellence and expert performance in sports: What do we know and where are we going? *International Journal of Sport and Exercise Psychology*, 21, 5, 1-21. doi: 10.1080/1612197X.2023.2229362.

Wellm, D., Willberg, C., & **Zentgraf, K.** (2023). Differences in player load of professional Basketball players as a function of distance to the game day during a competitive season. *International Journal of Strength and Conditioning*, 3, 1. doi: 10.47206/ijsc.v3i1.219.

Wellm, D. & **Zentgraf, K.** (2023). Diagnostic tools for return-to-play decisions in sports-related concussion. *Journal of Concussion*, 7, 1-18. doi: 10.1177/20597002231183234.

Reichert, L., Müller, T., Wieland, B., Fleddermann, M.-T., & **Zentgraf, K.** (2023). Upper body-isometric horizontal strength in sport game athletes. *Frontiers in Sports and Active Living - Sports Science, Technology and Engineering*, 5, 1213957. doi: 10.3389/fspor.2023.1213957.

Fleddermann, M.-T., Reichert, L., Wieland, B., & **Zentgraf, K.** (2023). Stop it! The relationship between sport expertise and response inhibition in elite athletes. *Frontiers in Psychology - Movement Science and Sport Psychology*, 14, 1192483. doi: 10.3389/fpsyg.2023.1192483.

Künzell, S., Maurer, L., Voigt, L., & **Zentgraf, K.** (2023). Kognitive Aktivität im Sportunterricht – eine bewegungswissenschaftliche Perspektive. *sportunterricht*, 72, 3, 98-104.

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Willberg, C., Kohler, A., & Zentgraf, K. (2022). Construct validity and applicability of a team-sport-specific change-of-direction test. *Journal of Human Kinetics*, 85, 115-126. doi: 10.2478/hukin-2022-0115.

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Heins, N., Trempler, I., **Zentgraf, K.**, Raab, M., & Schubotz, R. (2020). Too late! Influence of temporal delay on the neural processing of one's own incidental and intentional action sounds. *Frontiers in Neuroscience - Auditory Cognitive Neuroscience*, 14, 573970. doi: 10.3389/fnins.2020.573970.

Müller, C. & **Zentgraf, K.** (2020). Neck and trunk strength training to mitigate head acceleration in youth Soccer players. *Journal of Strength and Conditioning Research*, 35, 81-89. doi: 10.1519/JSC.00000000000003822.

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